



Matthew Adamczyk



MOVEMENT A NEW

Choreographer's Artist Statement

In a world of preconceived notions and ideas, how do we really know who we are?

How can we know our own identity when we are created, not independently, but through an exchange between ourselves and external demands? We all project a version of ourselves to the world that we think the world wants to see. Who are we when the lights fade and our vulnerability shines through?

As a performing artist this dichotomy between who we present ourselves to be and who we may truly be is accentuated. Is the conviction and confidence we project real or is it simply the putting on of airs to get through the rigors of everyday life?

This is Me? explores these ideas and the world of healthy competition, values and vulnerability. In the end, we can only be honest about who we truly are and accept each other with all our flaws. For this ballet, with an undertone that we can all understand, I simply wish for the audience to put themselves in the dancers' shoes and think, is this me?



Empowering Minds, Building Achievement
and Reconnecting Communities

